SOUTHSIDE BEHAVIORAL HEALTH

BOARD OF DIRECTORS MEETING – 24 OCTOBER 2023

The Southside Behavioral Health (SBH) Board of Directors met, in Open Session, at 1:00 p.m. on October 24, 2023, in the Chipps Conference Room, at the SBH Modlinski Building in Clarksville, with Dr. Betty Adams, Board Chair, presiding.

ATTENDANCE

MEMBERS PRESENT

Betty Adams (Chair)
Evella Hutcheson (Treasurer)
Joan Bowers (Secretary)
Mary Jane Collie
Stuart Comer
Earl Jarrell
Debbi Knox
Tammy Mull

MEMBERS ABSENT

Ivan Hargrove (Vice-Chair)

NOTES: Betty Adams, Board Chair held a formal introduction of Debbi Knox as the new Mecklenburg County Board member for SBH.

OTHER ATTENDEES

SBH staff members:
Beth Engelhorn, Executive Director
Galyna Hightower, Director of Financial Services
Kameelah Singleton, Director of Human Resources
Paul Mandel, Director of IDDD Services
Kenan T. Smith, Director of Prevention and Community Connections
Natasha Hayes, Divisional Director of Residential Services
Sylvia Pyron, Clerk of the Board

PROCEEDINGS

I. CALL TO ORDER

The meeting was called to order at 1:01 p.m. by Dr. Betty Adams, Board Chair. A quorum of Board members being present, with the meeting having been duly convened, the Board was ready to proceed with business.

II. APPROVAL OF BOARD MINUTES

The minutes from the last Board of Directors Meeting, held on September 26, 2023, were approved as presented.

III. PUBLIC COMMENTS

Mrs. Lenora Wright was present in attendance seeking information regarding the services and programs that SBH offers to the community and its youth. She also represented her husband Mr. Travis Wright that is currently running for the District 4 School Board seat. Mr. & Mrs. Wright seek to engage, mentor and reach families within the Mecklenburg County area and its communities.

IV. BOARD EDUCATIONAL TOPIC: Rapid Revive! Opioid Overdose & Naloxone Training -

Kenan Tyner-Smith, Director of Prevention and Community Connection, Modlinski Building

REVIVE! is the Opioid Overdose and Naloxone Education (OONE) program for the Commonwealth of Virginia. REVIVE! provides training on how to recognize and respond to an opioid overdose emergency using naloxone. Naloxone is a prescription medicine that reverses opioid overdoses. It works by temporarily blocking the effects of opioids and helps the person to breathe again. Naloxone is the generic name, but can be found under the branded name of Narcan. Since 2013, fatal drug overdose has been the leading method of unnatural death in Virginia, surpassing all other forms of unnatural death including homicide, suicide, motor vehicles accidents, and undetermined deaths. Opioids have been the driving force behind the large increases in fatal overdoses since 2013. In 2019, there were 1,289 deaths from all-opioids which includes all versions of fentanyl, heroin, prescription opioids and U-47700 (an illicitly manufactured synthetic opioid).

Although naloxone is a prescription medicine, Virginia – like many states – has passed laws making it available as a standing order. The statewide standing order allows pharmacists in Virginia to dispense naloxone without requiring an individual prescription. Many community-based organizations have also established a standing order to allow community dispensing.

The REVIVE: Opioid Overdose and Naloxone Training for Virginia is a course that covers understanding opioids, how opioid overdoses happen, risk factors for opioid overdoses and how to respond to an opioid overdose emergency with the administration of Naloxone.

Listed below are the 5 step best practice action plan shared along with a box of Narcan.

1. Check for responsiveness
2. Call 911
3. Give two rescue breaths
4. Administer Naloxone
5. Continue rescue breaths/assess for after care

V. EMPLOYEE OF THE MONTH – OCTOBER 2023

The selection of the Employee of the Month for October, Teresa Scott, CSP Supervisor at Mecklenburg Community Support Program (MCSP), was announced to the Board.

VI. OLD BUSINESS - None

VII. FINANCIAL REPORT

Galyna Hightower, Director of Financial Services

As of the end of September 2023 SBH had a cash balance of approximately $8.3M. SBH remains in a stable financial position. The accounts receivable balance as of the end of September 2023 compared to the end of August 2023 has shown a small increase. The actual revenue should be tracking at 25% at this point in the fiscal year of the budgeted amount. However, it is actually tracking at 18% at this time and Medicaid income is at 20% of the Medicaid Budget. Total expenses as of the end of September 2023 are tracking at 19% thus far for the FY24 budget. SBH revenue is running below budgeted amounts at this time for FY24 due to the reimbursement basis for some FY24 revenue as well as Medicaid revenue. The main factors for this can be found in open beds and low staff as well as the receiving process for reimbursement of federal funding. However, some payments have been received. The reimbursement basis for federal funds will continue to be delayed by approximately two months. SBH continues to work toward improving productivity by hiring for new positions as well as providers which in turn will generate increased billing for services to help increase SBH revenue. SBH will continue to review restricted funding to cover areas of cost and where it can be allocated. The amount of deferred revenue as of the end of September2023 includes unspent prior years funds and FY24 localities' funds that were received in the beginning of FY24. SBH does not present in a deficit at this time as revenue and expenses are running close to the same. The Board will continue to be briefed as any changes arise.

VIII. NEW BUSINESS

Item A. Employee Seasonal Gift

The Board was asked to approve the annual giving of the seasonal gift for each employee.

MOTION: Upon motion made by M.J. Collie, duly seconded by J. Bowers, the following resolution carried unanimously.

RESOLUTION: *BE IT RESOLVED,* that the Board of Directors, of Southside Behavioral Health, in regular meeting assembled, votes to give each PT/FT SBH employee a $100 pre-tax addition to their pay as a seasonal gift from the Board.

Item B. Policies and Procedures for Board Review/Approval – Betty Adams, Chair, Program Committee

Policies and Procedures recently reviewed for recommendation to the Board by the Program Committee. The Committee Chair recommended to the Board that all of the following policies, that the Committee was asked to review, be approved/adopted by the Board.

[3570] Productive Work Environment

[3930] Use of Agency Property

MOTION: Upon motion for approval from the Program [Policies and Procedures] Committee the following resolution carried unanimously.

RESOLUTION: *BE IT RESOLVED,* that the Board of Directors, Southside Behavioral Health, in regular meeting assembled, authorizes the Executive Director to implement the policies, procedures and standard operating procedures as presented and reviewed by the Board, in toto.

Item C. Residential Services

The Director of IDDD Services and the Divisional Director of Residential Services gave the Board an overview and update regarding the standing of SBH Residential Services. During COVID a tremendous toll was taken on our Residential Services Program. SBH has also witnessed an uptick in our aging clients who now require more care then available in our program and are having to transfer to other facilities. However, the program is working diligently to get back on track by promoting our availability for new clients throughout our catchment area as well as updating the interior of the homes to attract the younger generation of clients in need. SBH is holding job fairs to help fill open staff positions as well as offering PRN options for internal employees to cover staff shortages. The Board will continue to be briefed has to how the Residential Services Program is processing.

IX. EXECUTIVE DIRECTOR'S REPORT

STATE AND DEPARTMENT OF BEHAVIORAL HEALTH AND DEVELOPMENTAL SERVICES (DBHDS)

There are no new updates on DBHDS or State events that affected the CSB system.

STATE HOSPITALS: No new updates on the state hospital facilities.

CONSORTIUM – REGIONAL UPDATES

SBH has been invited by the region to begin discussion around the development of Mobile Crisis teams. We are scheduled to begin this discussion with New River Valley who is the hub for our region. The development of mobile crisis teams would allow us to go out into the community to provide crisis intervention and provide connection to services.

The region will be providing training for our supervisors this January. We will also be working with the region to create regional training requirements so that all our agencies remain compliant with requirements.

COUNTIES

No new updates on county information

AGENCY

CAMERA INSTALLATION - We have begun to install cameras in all our group home locations to increase the safety and security of our residents that live there and the staff that work there. We have installed cameras at this point in Brandon Home, Hope House, Kings Manor and will be installing them in Ashley Manor.

- We are also looking at camera installation in the lobbies and hallways in all services locations as we can afford to do so.

CREDIBLE - Our EHR Credible, was installed in 2011. During that time, we have not made any major adjustments or changes to the original installation. We have met a few times with the Credible team and have determined that there have been changes that might benefit the staff here. In parallel to this, we have developed a Credible Focus Group that is composed of clinical staff, quality staff, administrative staff who use Credible to discuss ways to make it easier for daily use and to provide training for new and existing staff.

RECAP VACSB CONFERENCE - The conference was very informative this year. We were informed in regard to the monetary increase that we were told was coming to the CSB system. Our agency will be getting approximately $400,000 for an increase for our staff in January. This is ongoing funding and next year this is reported to double. This provides our agency with approximately a 3% increase for all staff. These are my numbers and have not been verified with the finance department. These funds cannot be used or allocated for any other purpose and must be used for salary increases.

- Crisis services were the focus at this conference with additional focus on the development of additional crisis receiving centers throughout the state.
- There are funds available for the development of Crisis Stabilization Units which is much needed in our area. Our agency will be looking to move in this direction in the next year if we can find a viable partner to work with us.
- Housing for individuals with mental illness and substance use services has been given a significant increase in funding. We have been part of the Permanent Supportive Housing project and will be continuing to grow this service for our area including the development of housing for low income individuals.

UPDATE ON RRC BUILDING - Crisis Services has moved into the building and is now operating out of that space, with the exception of crisis prescreens, that are still being done virtually due to staff shortage and the need for coverage in two hospital emergency departments.

- There is an issue with the floor of that building. Glue is coming up from under the tiles and so is water. The contractor is looking at the issue and will be providing us with some options for a solution.
- Moving forward with contracting with CMH-VCU for laboratory services.

- Moving forward with hiring staff for the Crisis Receiving Center
- Asking the region about opportunities to train crisis staff with other CSB's to increase the exposure.

LGBTQ+ SUMMIT - WE STAND TOGETHER SUMMIT - OCCURRED OCTOBER 14, 2023

- Known as the We Stand Together Summit, the daylong event Oct. 14 was at the Institute for Advanced Research and Learning and will put the spotlight on resources, training and education.
- Southside Behavioral Health, the Lean In Project and Danville-Pittsylvania Community Services are partnering for the event.
- Southside Behavioral Health became pioneers of sorts last year after launching public service campaigns aimed at supporting the LGBTQIA+ community and allies.
- Liam Hudson co-founded the Lean In Project that covers Halifax, Mecklenburg and Brunswick counties.
- The focus is around education, allies and networking.

EXECUTIVE DIRECTOR ACTIVITIES:

- Providing therapy on Wednesdays in Halifax
- Met with DBHDS in regard to providing Medication dispensing for the RRC.
- Joint Committee on Recovery Housing Meetings
- Regional ED Meetings
- VACSB Conference
- DEI Assessment planning
- Staff Appreciation Planning
- Marketing review and planning
- Meetings with ARRAY -24-hour psychiatric services

X. ADJOURNMENT

The next Board of Directors meeting is scheduled for Tuesday, November 28, 2023. There being no further business to come before the Board, the meeting was adjourned at 2:48 p.m.

SUBMITTED FOR APPROVAL BY

Sylvia Pyron

Sylvia Pyron, Clerk
SBH Board of Directors

11/28/23

Date of Approval