



BOARD OF DIRECTORS MEETING – 28 FEBRUARY 2023

The Southside Behavioral Health (SBH) Board of Directors met, in Open Session, at 1:00 p.m. on February 28, 2023, in the Chipps Conference Room, at the SBH Modlinski Building in Clarksville, with Frances Clark, Board Chair, presiding.

ATTENDANCE

MEMBERS PRESENT

Frances Clark (Chair)
Betty Adams (Vice-Chair)
Ivan Hargrove (Secretary)
Evella Hutcherson (Treasurer)
Stuart Comer

MEMBERS ABSENT

Joan Bowers
Earl Jarrell
Winona Proffitt
Patricia Thomas

NOTE: Patricia Thomas Board Member appointed by Halifax County, has resigned from the Board as of 2/26/2023 and will no longer be reported as an absent member.

All Board Members have been presented their annual Financial Disclosure Statements.

OTHER ATTENDEES

SBH staff members:

Beth Engelhorn, Executive Director
Galyna Hightower, Director of Financial Services
Kameelah Singleton, Director of Human Resources
Greg Braund, Divisional Director of Crisis Services
Michael Rose, Crisis Response Night Supervisor
Sylvia Pyron, Clerk of the Board

PROCEEDINGS

I. CALL TO ORDER

The meeting was called to order at 1:02 p.m. by Frances Clark, Board Chair. A quorum of Board members being present, with the meeting having been duly convened, the Board was ready to proceed with business.

II. APPROVAL OF BOARD MINUTES

The minutes from the last Board of Directors Meeting, held on January 24, 2023, were

approved as presented.

III. PUBLIC COMMENTS

None

IV. BOARD EDUCATIONAL TOPIC: CRISIS RESPONSE TEAM –

Michael Rose, Crisis Response Night Supervisor, Crisis Services

Southside Behavioral Health's Crisis Response Team assesses individuals and collaborates with community partners to determine the best treatment option(s) for those experiencing mental health crises. These trained and dedicated mental health professionals are on call 24 hours a day, 7 days a week. This team is the only Division within Southside Behavioral Health who offers our community client's uninterrupted access to dynamic, equitable, and impartial mental health support. The clients the Crisis Response Team interacts with are often the most seriously mentally ill, have more frequent interactions with law enforcement, and often require ongoing and comprehensive mental health care.

Services offered by the team include not only the crisis assessments and interventions noted previously, but also other community-facing support. The Crisis Response Team accepts calls from those who contact the Crisis Hotline and provide brief supportive counseling to those who need it. Southside Behavioral Health clinicians provide "prescreening" assessments to determine if a client needs inpatient treatment. And, Crisis Stabilization and Regional mobile Crisis Teams disperse into the three-county catchment area to bring crisis services to the clients directly.

V. EMPLOYEE OF THE MONTH – February 2023

The selection of the Employee of the Month for February, Tammy Taylor, Mental Health Case Manager at Mecklenburg Behavioral Health Center, was announced to the Board.

VI. OLD BUSINESS

Item A. Caterpillar Building – Land in South Hill | Appraisal/Offer

The Board was presented with an appraisal and offer on the Caterpillar land located in South Hill. The appraisal came in at 101K. However, the offer submitted was found to be below the appraised value. The Realtor has since requested an amount from the Board as to a price they would like to counter. The Executive Director has proposed a price of 125K. This would include the 5% commission for the realtor fee. The Board was in agreement with the Executive Director as well as gave authority to the Executive Director to negotiate the price going forward and sell the property for a reasonable amount.

MOTION: Upon motion made by B. Adams, duly seconded by E. Hutcheson, the following resolution carried unanimously.

RESOLUTION: *BE IT RESOLVED*, that the Board of Directors, Southside Behavioral Health, in regular meeting assembled, votes to authorize the Executive Director the approval to move forward with an offer of 125K on the Caterpillar land in South Hill and negotiate and sell said property for a reasonable amount.

Item B. Update South Hill Construction Project

The South Hill construction project is moving forward and is on schedule. The Executive Director has been in continuous contact with both R.F. Howerton and Wayne Townsend, SBH Grounds and Maintenance Specialist as well as preforms weekly onsite visits. The project is set for completion in or around July 2023. The Executive Director will continue to brief and update the Board with the construction progress.

VII. FINANCIAL REPORT

Galyna Hightower, Director of Financial Services

As of the end of January 2023 SBH had a cash balance of about \$9.7M. Please note that 2.5M of the cash balance is being held in reserve allotted for the construction of the new Crisis Receiving Center in South Hill. SBH remains in a stable financial position. The accounts receivable balance as of the end of January 2023 compared to the end of December 2022 has decreased by 130K. The actual revenue is tracking at 49% at this point in the fiscal year of the budgeted amount and Medicaid income is at 46% of the Medicaid Budget. This is due to the payment to DMAS for the FY22 ICF Report. Total expenses as of the end of January 2023 are tracking at 51% thus far for the FY23 budget. SBH revenue is running below budgeted amounts at this time for FY23 due to the reimbursement basis for some FY23 revenue as well as Medicaid revenue. The three main factors for this can be found in delayed payment from DMAS for FY22 ICF Report, open beds and low staff as well as the receiving process for reimbursement of federal funding. SBH continues to hire for new positions which in turn will generate increased billing for services to help our funding stream. The amount of deferred revenue as of the end of January 2023 includes unspent prior years funds and FY23 localities' funds that were received in the beginning of FY23. SBH is continuing to use the new process of receiving some federal funding streams from DBHDS on a reimbursement basis. The Board will continue to be briefed and presented with any changes by the Finance Department on how this reimbursement process is affecting SBH.

VIII. NEW BUSINESS

Item A. New Position | Divisional Director of Nursing

The Executive Director presented the Board with a request from Dr. Debbie Ford, SBH Medical Director regarding creating a much-needed Divisional Director of Nursing position for mental health. As SBH expands our nursing staff will increase this being due to the opening of the new Crisis Receiving Center that will operate 24/7/365. The Executive Director requested the Board approval for the development of this new position.

MOTION: Upon motion made by I. Hargrove, duly seconded by B. Adams, the following resolution carried unanimously.

RESOLUTION: *BE IT RESOLVED*, that the Board of Directors, Southside Behavioral Health, in regular meeting assembled, votes to authorize the Executive Director the approval to move forward with the development and hire for a new Divisional Director of Nursing

position for SBH.

Item B. Nurses Salary Increase Proposal

The Executive Director requested the Board review the proposal for a nursing salary increase for all SBH nursing staff as well as a new pay scale. The proposal that was presented would increase all nursing staff by one grade level. The proposal would allow SBH to retain our current staff as well as be competitive for new hires going forward.

MOTION: Upon motion made by B. Adams, duly seconded by E. Hutcheson, the following resolution carried unanimously.

RESOLUTION: *BE IT RESOLVED*, that the Board of Directors, Southside Behavioral Health, in regular meeting assembled, votes to authorize the Executive Director the approval to increase salaries for all SBH nursing staff by one grade level and accept a new nursing pay scale.

Item C. Policies and Procedures for Board Review/Approval – Betty Adams, Chair, Program Committee

Policies and Procedures recently reviewed for recommendation to the Board by the Program Committee. The Committee Chair recommended to the Board that all of the following policies, that the Committee was asked to review, be approved/adopted by the Board.

[3475] Participation in Trade and Professional Associations | REMOVED

[3740] Reinstatement | REMOVED

[3505] Personal Finances of Employees

[3510] Personal Property

[3970] Whistleblowing

[4500] Medication

[4800] Screening and Admissions

[6025] Client Incident Reports

[6650] Emergency Management

MOTION: Upon motion for approval from the Program [Policies & Procedures] Committee the following resolution carried unanimously.

RESOLUTION: *BE IT RESOLVED*, that the Board of Directors, Southside Behavioral Health, in regular meeting assembled, authorizes the Executive Director to implement the policies and procedures as presented and reviewed by the Board, in toto.

IX. EXECUTIVE DIRECTOR'S REPORT

STATE AND DEPARTMENT OF BEHAVIORAL HEALTH AND DEVELOPMENTAL SERVICES (DBHDS)

DBHDS: DBHDS has been moving forward with some internal changes that have improved their communication styles with the CSB system. We have seen an improvement in having our areas of concern responded to in a respectful and timely manner.

Some current bills have created concern within the CSB system, we are addressing them as they come up with guidance from the VACSB. The Executive Director has been communicating with Senators and Delegates directly either via email or phone to discuss concerns and request support.

STATE HOSPITALS: No new updates on the state hospital facilities.

CONSORTIUM – REGIONAL UPDATES

The Region is planning a training program for mid-level leadership in the coming year. We are also discussing how to support the growth of our crisis receiving centers by leasing medication dispensing machines for the centers that would allow us to provide medications to individuals with prescriptions given from our medical team on the spot.

COUNTIES

The Executive Director has been meeting with various county leadership to provide support for county projects. In particular, we have been meeting with Sentara Halifax Regional Hospital to create better referral processes for opioid disorder treatment and with Mecklenburg County Public School systems for the support of mental health as a component of the alternative education program that is being redeveloped for the new school year.

AGENCY

DIVERSITY, EQUITY, INCLUSION, ACCESSIBILITY AND BELONGING (DEIAB) PROJECT - The agency is moving forward with our DEIAB project. We have contracted Bryan Price who has met with our leadership team to provide education. Our next step is meeting with staff and then the board to develop a holistic approach to cultural change within the agency. We will be looking at language in policy and procedure and hiring practices as our focus with this 2.5-year project.

MAY VACSB CONFERENCE IN NORFOLK VA - Board members may want to attend this conference. It is a fun and educational conference that has been very well attended in the past. If you would like to attend, please let Sylvia Pyron know so arrangements can be made for hotel rooms and other accommodations.

OPIOID ABATEMENT FUNDING - The Executive Director attended a meeting with the Southside Planning District Commission (SPDC) to work using the abatement funding. Representatives from

all three counties were at this meeting and all agreed to work together to determine the best path for using this funding. The Executive Director of this commission, Deborah Gosney, is meeting with other planning districts to see if there is any interest in combining the regional funding to look at the housing crisis for substance use disordered individuals. We will continue to work together on this project.

GRANTS - We have applied for a small grant to provide us with funding for our Recovery Walk/Run in September. This run will be in person, here at the Modlinski Building, September 16, 2023. This is the official YEAR OF THE PEER and so our peer services providers will be heavily involved in the planning of this event. The grant will provide funding for peers to also do 2 other events in Halifax and Brunswick to build awareness of peer services and peer support.

SOUTH HILL CRISIS CENTER AND OP BUILDING - We have signed a contract with Howerton Construction and are moving forward with the project. They have begun to cut the floor for plumbing. We have provided the department with an updated date of opening the building with August 8th as our current trajectory. The department was happy with our projected date and currently supports us with this project. We are working with the Clinical Director on the internal functioning of the spaces looking at topics such as:

- Building functionality
- Ligature Risk and mitigation
- Security systems
- Building access for disabled individuals (hearing, seeing and physical disability)

X. ADJOURNMENT

The next Board of Directors meeting is scheduled for Tuesday, March 28, 2023. There being no further business to come before the Board, the meeting was adjourned at 2:45 p.m.

SUBMITTED FOR APPROVAL BY



Sylvia Pyron, Clerk
SBH Board of Directors



Date of Approval