



BOARD OF DIRECTORS MEETING – 28 JUNE 2022

The Southside Behavioral Health (SBH) Board of Directors met, in Open Session, at 1:00 p.m. on June 28, 2022, in the Chipps Conference Room, at the SBH Administration Building in Clarksville, and via ZOOM tele-conferencing, Frances Clark, Board Chair, presided.

ATTENDANCE

MEMBERS PRESENT

Frances Clark (Chair)
Joe Trickey, Jr (Vice-Chair) *via Zoom*
Betty Adams (Secretary)
Evella Hutcheson (Treasurer) (*via Zoom*)
Ivan Hargrove
Earl Jarrell
Winona Proffitt
Patricia Thomas

MEMBERS ABSENT

Joan Bowers

OTHER ATTENDEES

SBH staff members:

Beth Engelhorn, Executive Director
Galyna Hightower, Director of Financial Services
Alisha Wright, Divisional Director of Emergency Services
Kim Patillo, Human Resources Generalist
Sylvia Seamons, Clerk of the Board
Mary Palmer, Residential Support Specialist

PROCEEDINGS

I. CALL TO ORDER

The meeting was called to order at 1:02 p.m. by Frances Clark, Board Chair. A quorum of Board members being both present, as well as attending via ZOOM teleconferencing, with the meeting having been duly convened, the Board was ready to proceed with business.

II. APPROVAL OF BOARD MINUTES

The minutes from the last Board of Directors Meeting, held on May 24, 2022, were approved as presented.

III. PUBLIC COMMENTS

None

IV. BOARD EDUCATIONAL TOPIC: Crisis Now Model

Alisha Wright, Divisional Director of Emergency Services

The Crisis Now Model (and Mental Health professionals both statewide and nationally) recognize that hospital emergency departments have become a makeshift Crisis Receiving Center, but no Mental Health treatment is being provided in a timely manner. The Crisis Now Model can dramatically change this by offering three prongs of support that are available to anyone, anywhere and at any time. The first being the Centralized Crisis Line = 988, next being the Mobile Crisis Teams and lastly the Crisis Receiving Centers and Crisis Stabilization Units. The benefits of enacting the proposed services is the greater need for crisis services in rural areas due to the limitation of preventative services. Between 2007-2015, the CDC reported that the rate of suicide increased 6.1 times faster in rural communities as compared to urban counties. In our area, it is estimated that the Crisis Now Model will cost the community \$8 million dollars, however, this is less in comparison to the emergency department-based model that is currently being used. The Crisis Now Model would provide wrap around care versus delayed treatment. The client will have an overall better experience as well as immediate assessment and treatment plans available on site.

V. EMPLOYEES OF THE MONTH – June 2022

The selection of the Employee of the Month for June, Mary Palmer, Residential Support Specialist at King's Manor, was announced to the Board.

VI. OLD BUSINESS

Item A. Update on Old CSP Building Demo and RFP Process

Due to unexpected events as well as a monetary funding from DBHDS for another immediate project the agency and the board will be reevaluating the design and housing of divisional departments that were first noted to be housed within the South Hill building. These events may slow the completion of this project; however, it is in hopes to have final completion within a two-year time span. The plan at this time is to remove Crisis Services from this location going forward.

Item B. Naming Ceremony | Sign

The Board was presented with the design of the naming sign that will be attached to the Administration Building in dedication of Dr. Jules J. Modlinski for his many years of loyal service to SBH. The Board was pleased with the design, however had a few suggestions and additions. The sign will be modified and brought back before the board at the August meeting for final approval.

VII. FINANCIAL REPORT

Galyna Hightower, Director of Financial Services

As of the end of May SBH had a cash balance of about \$7M. SBH remains in a stable financial

position. The Accounts Receivable balance for the month of May has decreased compared to the end of April from \$816K to \$755K. Revenue is tracking at 89% at this point in the fiscal year even though Medicaid income is at 84%. Expenses are running below budget at 85%, primarily due to continued open staff positions resulting in payroll reductions. For the month of May, revenue was 93% and SBH held at 90% for expenses.

VIII. NEW BUSINESS

Item A. Crisis Response Team Funding

The Executive Director of SBH was contacted by DBHDS regarding a funding amount of \$700K that will be made available in September of 2022 to develop and construct a Crisis Receiving Center in our catchment area. A proposed budget is being created and locations are being evaluated to meet the need of our area for the new Crisis Receiving Center. The Board was briefed regarding the funding as well as to two possible locations: The first in South Hill (Pavilion Building) and the second in South Boston (Boston Commons Building) both buildings needing work for development to meet our need for services. It is proposed that the entire Divisional Department of Emergency Services be housed at this location when completed.

Item B. FY23 Budget

The budget for FY23 has increased by 15% when compared to the FY22 budget. This increase was due to an increase in revenue from new programs such as School Based, OBOT and Crisis Stabilization. There was also an increase in Medicaid Reimbursement rates and the inclusion of the prior year revenue of the FY22 Budget. The 15% increase can also be marked by added expenses due to new positions within the agency, raising cost of health insurance as well as the overall increase of expenses due to the current economic conditions.

Restricted funding streams allow us little leeway as to it is only allotted to cover certain expenditures. The FY23 budget does contain all programs and positions that are currently open at this time within the agency. SBH is doing our best to attract candidates to fill our open positions and have strengthened our profile on the employment website Indeed.com. The Performance Contract deadline for FY23 has been extended until the first of August 2022. We can expect some possible adjustments to the overall budget. If revisions arise, the Financial Department will present them to the Board.

MOTION: Upon motion made by B. Adams, duly seconded by I. Hargrove, the following resolution unanimously carried.

RESOLUTION: *BE IT RESOLVED*, that the Board of Directors, Southside Behavioral Health, in regular meeting assembled, adopts the annual budget for FY23.

Item C. DBSHS PERFORMANCE CONTRACT

Acceptance/authorization of the Performance Contract signing is completely a DocuSign process now. A hard copy of the performance contract has been made available for public review IAW the Code of Virginia and is also available on the SBH website. We will provide a hard copy for any board member who wishes to have one. We will also, as you have previously been briefed, have to

submit a local funding match waiver request again this year as Halifax County was unable to fully fund their required amount. It was also expressed by the Executive Director of SBH as the amount of time consumed, the man power that is required and requested in auditing in regards to the Performance Contract. VACSB is probing into and reviewing these issues for CSB's.

MOTION: Upon motion made by B. Adams and duly seconded by E. Jarrell, the following resolution, unanimously carried.

RESOLUTION: *BE IT RESOLVED*, that the Board of Directors, Southside Behavioral Health, in regular meeting assembled, votes to authorize the Executive Director to submit the FY23 Southside BH Performance Contract as presented to the Department of Behavioral Health and Developmental Services for final review and approval along with the waiver request.

Item D. Policies and Procedures for Board Review/Approval – Betty Adams, Chair, Program Committee

Policies and Procedures recently reviewed for recommendation to the Board by the Program Committee. The Committee Chair recommended to the Board that all of the following policies, that the Committee was asked to review, be approved/adopted by the Board.

- [1055] Client Financial Liability for Services
- [1070] Confidential Nature of Southside Behavioral Health Board Affairs
- [1075] Coping Southside Behavioral Health Materials
- [3017] Benefits
- [3150] Employment Reduction in Force
- [3350] Leave
- [5050] Data Backup and Retention
- [5720] System and Network Security
- [6020] Bloodborne Pathogens Control Plan
- [6033] Complaint/Grievance Process

MOTION: Upon motion for approval from the Program [Policies] Committee the following resolution carried unanimously.

RESOLUTION: *BE IT RESOLVED*, that the Board of Directors, Southside Behavioral Health, in regular meeting assembled, authorizes the Executive Director to implement the policies and procedures as presented and reviewed by the Board, in toto.

Item E. Property Insurance Renewal FY23

Philadelphia Insurance Company, our carrier, recalculated the replacement cost for each of the SBH facilities/properties to ensure adequate coverage was in place for the coming fiscal year. The majority of the properties saw moderate to significant increased values. The driving factor are current inflated costs of materials and labor. A consequence of this escalation of value was seen in the deductible which increased from \$1000 to \$2500 for the higher valued buildings. SBH was presented two options for insuring the covered properties for FY23.

This does not cover the properties of Ashley Manor, Brandon Home, Gateway-Halifax Apartments, and Alberta Manor as they are covered by another policy.

OPTION 1

Current (full) replacement values

\$52,279 (Annual premium)

\$15,683.70 (30% up front)

\$12,198.44 (Quarterly)

OPTION 2

FY22 replacement values/"expiring" limits

\$48,310 (Annual premium)

\$14,493 (30% up front)

\$11,272.33 (Quarterly)

MOTION: Upon motion made by B. Adams and duly seconded by I. Hargrove, the following resolution, unanimously carried.

RESOLUTION: *BE IT RESOLVED*, that the Board of Directors, Southside Behavioral Health, in regular meeting assembled, authorizes the Executive Director to renew the insurance policy with Philadelphia Insurance Companies as presented by **Option 1**.

IX. EXECUTIVE DIRECTOR'S REPORT

STATE AND DEPARTMENT OF BEHAVIORAL HEALTH AND DEVELOPMENTAL SERVICES (DBHDS)

The governor has made recommendations to the budget that was passed by the House and Senate during their 09 JUNE 2022 special session deliberation. There is nothing of note specific to CSBs within these amendments; however, the state psychiatric facilities are being funded at \$2.4M in each year of the biennium for 36 additional security officers to "improve patient and staff safety."

<https://lis.virginia.gov/cgi-bin/legp604.exe?222+amd+HB30AG>

Anything that was in the budget adopted during the special session (essentially the same as the conference budget) that is not specifically addressed in these amendments remains intact.

STATE HOSPITALS

Our sister hospital Southern VA Mental Health Institute continues to work with us, and has been asking for the state to stop diversions from other parts of the state to this facility. This has not yet been approved, and this affects the length of time our clients wait for admission. This is not a COVID issue now, but is an issue of other hospitals not having staff to cover for shifts.

CONSORTIUM – REGIONAL UPDATES

No new updates for regional activities. We continue to attend all regional meetings and participate in all regional training programs. There have been conversations around increasing regional oversight of CSB budgets and allocations.

COUNTIES

We will be requesting a waiver of the 10% match this year due to not meeting the 10% match required by the Code of VA. Here are the following county allocations:

County	Request	Appropriation
Brunswick	\$80,477.43	\$80,447.43
Halifax	\$230,701.96	\$190,000.00
Mecklenburg	\$225,336.79	\$225,366.00

AGENCY

We are working hard to fill our positions. The HR team has done a great job filling open roles and getting people in for interviews. We continue to have key roles open such as clinical director and marketing coordinator.

COVID

We initiated wearing masks again in the agency due to rising COVID numbers and exposures.

CRISIS TEAM

We received some information last week regarding increased funding for Crisis Services to form a crisis receiving center in South Hill. We developed a 1.2 million dollar budget and sent it up to DBHDS. This was done as a request from DBHDS and we are waiting to hear back in regard to their decision on funding.

NEW CLINICAL BUILDING IN SOUTH HILL

The information around the increased funding for crisis services has impacted the progress in this project. We have pushed the final date out until we hear more from DBHDS to determine space needs for ES.

OTHER ITEMS

The executive director continues to cover for the position of Clinical Director and has been since January 1, 2022. We are in the process of hiring for this role, however there have not been many qualified applicants.

X. CLOSED SESSION

In accordance with posted agenda item, a motion was made that the meeting enter into closed session for the purpose of reviewing and discussing a personnel matter in compliance with Code of Virginia §22-3711 (A)(1) Motion was seconded and passed by unanimous vote. Board entered closed session at 2:59 p.m.

Meeting returned to regular session at 3: 38 p.m. The Chair polled the Board, with each Board Member certifying, by individual affirmative vote, that to the best of each Board Member's knowledge, only those matters lawfully exempted from open meeting requirements, and only such public business matters as were identified in the motion by which the closed session was convened were heard, discussed, or considered while in closed session. The following motions/resolutions came out of closed session:

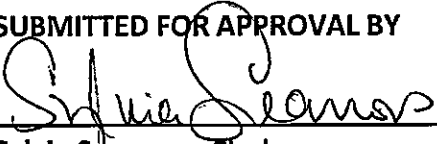
MOTION: Upon motion resulting from closed session made by E. Jarrell, duly seconded by B. Adams, the following resolution unanimously carried.

RESOLUTION: *BE IT RESOLVED*, that the Board of Directors, Southside Behavioral Health, in regular meeting assembled, votes to renew the Executive Director's employment contract for FY23, with all applicable compensations and amendments/addendums as presented and discussed during closed session.

XI. ADJOURNMENT

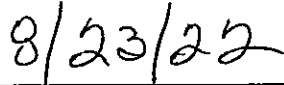
The next Board of Directors meeting is scheduled for Tuesday, August 23,2022. There being no further business to come before the Board, the meeting was adjourned at 3:39 p.m.

SUBMITTED FOR APPROVAL BY



Sylvia Seamons, Clerk

SBH Board of Directors



Date of Approval

