



BOARD OF DIRECTORS MEETING – 24 MAY 2022

The Southside Behavioral Health (SBH) Board of Directors met, in Open Session, at 1:00 p.m. on May 24, 2022, in the Chipps Conference Room, at the SBH Administration Building in Clarksville, with Frances Clark, Board Chair, presiding.

ATTENDANCE

MEMBERS PRESENT

Frances Clark (Chair)
Joe Trickey, Jr (Vice-Chair)
Betty Adams (Secretary)
Joan Bowers
Winona Proffitt

MEMBERS ABSENT

Evella Hutcheson (Treasurer)
Ivan Hargrove
Earl Jarrell
Patricia Thomas

OTHER ATTENDEES

SBH staff members:

Beth Engelhorn, Executive Director
Galyna Hightower, Director of Financial Services
Kameelah Singleton, Human Resources Manager
Helen Deslauriers, Business Operations Manager
Sylvia Seamons, Clerk of the Board
Tiffany Dailey, Crisis Response Peer
Elise Gladding, Former Board of Director

PROCEEDINGS

I. CALL TO ORDER

The meeting was called to order at 1:08 p.m. by Frances Clark, Board Chair. A quorum of Board members being present, with the meeting having been duly convened, the Board was ready to proceed with business.

II. APPROVAL OF BOARD MINUTES

The minutes from the last Board of Directors Meeting, held on April 26, 2022, were approved as presented.

III. PUBLIC COMMENTS

Elise Gladding, former Board of Director member presented and spoke with admiration and

praise to Southside Behavioral Health for its hard work and dedication to both its clients and families as well as the communities it serves. She expressed gratitude for her time spent with Southside Behavioral Health both in service and experience.

IV. BOARD EDUCATIONAL TOPIC: Building Trauma Responsive Communities Conference – Beth Engelhorn, Executive Director

The Board was apprised in regard to the impact and success of the Building Trauma Responsive Communities Conference that was virtually held May 12-13, 2022. The conference was in partnership with the Virginia Department of Behavioral Health and Developmental Services (DBHDS) and Southside Behavioral Health. **Dr. Bruce Perry** opened the conference as the keynote speaker with a presentation on **“The Importance of Community in the Healing of Trauma.”** This presentation was of Dr. Perry’s experience with real-world implementation and focus on the impact empathy and understanding can have within our own local communities and systems. The second day of the conference was opened by Dave Ellis with his presentation **“Trauma-Informed to Healing-Centered: A NEW Jersey- A road never before traveled,”** which details the importance of as well as how to create healing-centered communities at home. Ellis led the change in New Jersey implementing healing-centered practices and his experience will be a valuable asset to establishing relationship-centered environments and supporting positive change on a local level. There were over two thousand virtual registrants spreading from local, state-wide and national as well as one hundred thirty seven thousand interactions throughout the two day event. SBH received positive feedback on the conference site and social media platforms as to the quality of the exceptional experience that was acquired by the attendees.

V. EMPLOYEE OF THE MONTH – MAY 2022

The selection of the Employee of the Month for May, Tiffany Dailey, Crisis Response Peer at SBH Administrative Services, was announced to the Board.

The Board, also, took this time to recognize Helen Deslauriers, former Board Clerk for her years of dedication and service to the Board of Directors at SBH.

VI. OLD BUSINESS

Item A. Update on Old CSP Building Demo and RFP process

The RFP has presented interest at this time from numerous companies, with several being from the Richmond and Virginia Beach area. The companies were on site May 25, 2022. The board will be apprised of the findings going forward as soon as they come available.

Item B. Naming Ceremony | Administration Building

Frances Clark, Board Chair notified Dr. Jules J. Modlinski regarding him being recognized for his dedication and loyal service to Southside Behavioral Health for over twenty years by naming the current administration building in Clarksville in his honor on September 30th 2022. SBH will also be celebrating the 50th Anniversary of the agency on this day. The entire staff will be given

the afternoon off to attend the building naming for Dr. Jules J. Modlinski. Formal Invitations will be sent to community leaders both state and local. The Recovery Brick Garden will be dedicated this day as well.

Item C. Update Mid-Year Report

Beth Engelhorn, Executive Director updated the board as to the mid-year report for SBH. DBHDS reported that Southside Behavioral Health had an excellent report and that as a whole should be proud as it continues to improve as an agency. DBHDS wished to extend its compliments on a superb mid-year service report. They were impressed with the information provided to them. DBHDS believed it was a reflection of the seriousness that our agency takes reporting as well as a clear picture on the quality of the services provided and the value those services have to our service area.

VII. FINANCIAL REPORT

Galyna Hightower, Director of Financial Services

As of the end of April SBH had a cash balance of about \$7M. SBH remains in a stable financial position. Revenue is tracking at 81% at this point in the fiscal year even though Medicaid income is at 76%. Expenses are running below budget at 77%, primarily due to continued open staff positions resulting in payroll reductions. For the month of April, revenue was 79% this was mostly due to only one DBHDS warrant received in April. SBH held at 102% for expenses. We had around a 6% increase in the year to date fees for services revenue compared to the same period of our prior year. This is partly attributable to growth in both Children Services and Early Intervention Services. Finance is currently working on the payroll budget for FY23 and has yet to receive the regional FY23 budget information from DBHDS.

VIII. NEW BUSINESS

Item A. Executive Director | Performance Evaluation

Packets have been provided with the Executive Director's goals and self-evaluation, along with proposed goals for next year. The Board is being asked to review the self-evaluation, and then to complete their own evaluation of the Executive Director's performance, and return them to Frances Clark, Board Chair as soon as possible in the self-addressed envelopes provided in the packet.

Item B. Appointment of Board Officers FY23 – Betty Adams, Nominating Committee Chair

There having been no nominations from the floor, or modifications to the slate of officers proposed to the Board at the May meeting, in accordance with the Bylaws the following appointments were put to vote.

Board Chair	Frances Clark
Board Vice-Chair	Joe Trickey, Jr.
Secretary	Betty Adams
Treasurer	Evella Hutcherson

MOTION: Upon recommendation from the Nominating Committee, the following resolution, carried unanimously.

RESOLUTION: *BE IT RESOLVED*, that the Board of Directors, Southside Behavioral Health, in regular meeting assembled, accepts the appointment of the slate of officers for FY23, as presented.

Item C. Board | Paperless

The Executive Director proposed that starting FY23 that the Board of Directors each receives a tablet to allow for a paperless packet. She suggested that all information from previous years be saved to these tablets to ensure safety and perseverance as well as availability to the Board members. This would also allow for SBH to save funds regarding paper usage going forward.

IX. EXECUTIVE DIRECTOR'S REPORT

STATE AND DEPARTMENT OF BEHAVIORAL HEALTH AND DEVELOPMENTAL SERVICES (DBHDS)

DBHDS: We continue to wait for the Governor to approve the budget.

We are currently in the process of negotiating the performance contract for the next 2 fiscal years. We had eight staff attend the VACSB Conference in Reston this past month. It was the first in person conference in over two years and the first time we have been able to see some people in person in the same amount of time.

STATE HOSPITALS: There continues to be issues in admissions to state hospitals. It seems to have lessened in its intensity, but state facilities continue to run at a decrease in the number of available beds and our individuals needing placement are continuing to be placed out of catchment all over the state.

CONSORTIUM – REGIONAL UPDATES

No new updates for regional activities. We continue to attend all regional meetings and participate in all regional training programs.

COUNTIES

We are currently working with the county school systems to renew our MOU's for school-based services. We will be building on those services next year by including case management and family support partners in the school-based programming.

AGENCY

WORKFORCE ISSUES: Workforce continues to be an issue in the agency, although we are making significant progress in this area. We have been diligently working on developing staff, providing increased training and looking how to bring on more experienced staff.

SERVICE GROWTH AND RESPONSE: The agency has made a decision to close the **Mental Health Skill Building Program**. This program has been struggling for numerous years, unable to fully fund

itself, and unable to obtain referrals. We need to have at least 15-20 cases to fully fund this program and we struggle to have 5-10. There is a considerable amount of competition in the community with 10 or more providers across the three catchment areas. As a CSB who has to be fully transparent with the way that funding is being used, we could not provide, within the Medicaid and licensure requirements, what the private providers were offering.

We are working with the two staff affected and will be offering them similar positions within the agency and are referring out the eight individuals in services to private providers.

COVID-19:

Thankfully, our COVID issues have been minimal. We continue to be diligent in watching numbers, and following state and federal guidelines.

NEW CLINICAL BUILDING IN SOUTH HILL: The RFP is complete and has been posted to eVA, the state's procurement marketplace; it has also been submitted to a newspaper in each county.

BUILDING TRAUMA RESPONSIVE COMMUNITIES CONFERENCE: At this point and time we have over 2000 people registered for this conference and are just waiting to get started. Live updates will be provided at the board meeting.

GRANTS: The agency has obtained a 3 year grant of \$89,000 to assess, educate and promote through building agency culture around DEI. We will be seeking a contract with a provider to complete an agency assessment and to provide the agency with a roadmap to improve our DEI initiatives within the agency. This will include revising some of our language in policy, procedure and in how we write job descriptions.

TRAUMA INFORMED LEADERSHIP:

I am in the process of researching trauma informed leadership training. Once we have determined the best resource for this, we are looking at setting up a day long retreat for both agency leadership and the board for trauma informed training. We are looking at the fall for this event.

OTHER BUSINESS:

The executive director continues to cover for the position of Clinical Director and has been since January 1, 2022. We are in the process of hiring for this role; however, there have not been many qualified applicants.

Our Children's Services school based team, Ruth Ann Ott, Hillary Crenshaw, and Erin James, will be presenting at the **2022 Mental Health in Schools Conference!** This is the first time, to the best of my knowledge, that we have had a team present at a conference. I am so proud of this team and what they have accomplished in such a short period of time.

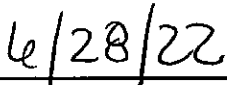
X. ADJOURNMENT

The next Board of Directors meeting is scheduled for Tuesday, June 28, 2022. There being no further business to come before the Board, the meeting was adjourned at 2:46 p.m.

SUBMITTED FOR APPROVAL BY



Sylvia Seamons, Clerk
SBH Board of Directors



Date of Approval